



Trekking / Hiking



La traversée du Grand Paradis in 7 days

from 1 200 € / pers.
(based on 12 people)

Come cross the Gran Paradiso on the Italian side in complete tranquility. You will discover a variety of landscapes and make stops at beautiful, well-maintained, and comfortable mountain refuges.

The Gran Paradiso is located in the autonomous region of the Aosta Valley. French is taught from kindergarten, and King Victor Emmanuel had his own hunting reserve in this area. The wildlife is very abundant here: ibex, chamois, marmots, and more.

- **Day 1 : Departure** from Megève at 8am by car until Aoste. Then you take the bus for Cogne and ascent to the refuge Vittorio Sella 2584 m. Duration 4h
- **Day 2 :** Col Laudon 3 286m. Col Money 3 260m. Refuge Chabod 2 750m. Duration 7h
- **Day 3 :** Pont 1 960m. (resupply). Refuge Savoia 2 532m. Duration 6h
- **Day 4 :** Lac Leita. Col Nivoletta 3 130m. Refuge Bénévolo 2 285m. Duration 5h30
- **Day 5 :** Lac di Goletta. Col Bassac Déré 3 082m. Refuge Mario Bezzi 2 284m. Duration 5h30
- **Day 6 :** Mont Vaudet 2 652m. Col Refreita. Refuge de l'Epée. Duration 6h
- **Day 7 :** Col de la Fenêtre. Val de Rêmes. Bus for Aoste and return to Megève

Pre-requisite :

Fitness Level : for experimented hikers, 6 to 7 h of hiking per day

Accommodation: In quality mountain refuges and guesthouses. Showers are available in most establishments.

Food: For lunch, you have the option of taking packed lunches from the refuges. Resupply points are available from the 3rd day. It's recommended to bring some dried fruits or energy bars for the hiking days.

Included: Guiding by a mountain leader, overnight stays in refuges with half-board, meals (except the first breakfast), logistics for the hike, and transportation as outlined in the program.

Not included: Equipment and gear, showers, drinks, and lunch picnics.